



Becoming a More Conscious Leader

Scheduled Program Dates at Aileron

| Workshop | Scheduled Date | Times |
|---|--------------------|--|
| Explore Conscious Leadership | September 6, 2018 | 9:00am – 4:00pm |
| Peer Group – My Rules for Living | November 5, 2018 | 11:00am – 12:30pm (Group A) 2:00pm – 3:30pm (Group B) |
| Leading Powerful Conversations | December 12, 2018 | 9:00am – 4:00pm |
| Peer Group – Apply the Tools | February 7, 2019 | 11:00am – 12:30pm (Group A) 2:00pm – 3:30pm (Group B) |
| Leading with Your Best Self | March 13, 2019 | 9:00am – 4:00pm |
| Peer Group – Diffusing Your Unintentional Reactions | May 9, 2019 | 11:00am – 12:30pm (Group A) 2:00pm – 3:30pm (Group B) |
| Learning to Work Through Others | June 5, 2019 | 9:00am – 4:00pm |
| Peer Group – Leading with the 7 Levels of Energy | August 8, 2019 | 11:00am – 12:30pm (Group A) 2:00pm – 3:30pm (Group B) |
| Understanding Your Influence on Culture | September 11, 2019 | 9:00am – 4:00pm |
| Peer Group – Values in the Organization | November 7, 2019 | 11:00am – 12:30pm (Group A) 2:00pm – 3:30pm (Group B) |
| Advance Your Decision Making | December 4, 2019 | 9:00am – 4:00pm |
| Peer Group – Revisiting Decision Making | February 6, 2020 | 11:00am – 12:30pm (Group A) 2:00pm – 3:30pm (Group B) |
| Maximize Team Performance | March 4, 2020 | 9:00am – 4:00pm |
| Peer Group – Getting Ready for the Capstone | May 7, 2020 | 11:00am – 12:30pm (Group A) 2:00pm – 3:30pm (Group B) |
| Capstone | June 3, 2020 | 9:00am – 4:00pm |

Learn More and Register for Becoming a More Conscious Leader

www.aileron.org/services/grow-people/becoming-a-more-conscious-leader/

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